

# Owens Gym Powerlifting Meet

Date: February 3<sup>rd</sup> 2024

Location: Owens Gym

Address: 748 big a rd Toccoa, Ga 30577

Full Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Birthday: \_\_\_\_\_

Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Gym or Team Name: \_\_\_\_\_ (optional)

Weight: \_\_\_\_\_

Shirt Size: \_\_\_\_\_

Gender: Male / Female

**Division - Please circle the age/weight category that you fall into**

AGE	Featherweight	Middleweight	Welterweight	Heavyweight	Super Heavy
Junior 14-20	- 155	156 - 185	186 - 205	206 - 230	230+
Open 21+	- 155	156 - 185	186 - 205	206 - 230	230+
Masters 40+	- 155	156 - 185	186 - 205	206 - 230	230+

\*\* We will make smaller weight classes and sub divide them if needed\*\*

**Please circle the lift(s) or package that you wish to compete in below:**

Bench Only - \$39

Deadlift Only - \$39

Powerlifting Package \$79.99 (Squat, Bench, Deadlift)

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## Payment Options:

- Mail completed registration form and payment (Cash or Check) to address listed above.
- Drop off completed registration form to Owens Gym during staffed hours and complete payment there (Cash, Check, or Card)
- Pay via website [www.owensgym.com](http://www.owensgym.com) and email completed registration form to [houston@owensgym.com](mailto:houston@owensgym.com)
- Venmo - [@houston-owens](#)

You will receive a confirmation email as soon as the completed registration form and payment is received.

**Please read over the Meet Details form on the website as it will address frequently asked questions.**

If you have any additional questions please email [houston@owensgym.com](mailto:houston@owensgym.com)

# Owens Gym Powerlifting Meet

## Liability Waiver:

I recognize and assume the risk of competing and participating in Owens Gym Powerlifting meet, and I assume the risk of injury and serious injury. I know that Owens Gym strongly recommends that I consult my health care provider before competing in the sport of powerlifting to determine whether I am healthy enough to compete. By signing below, I assume the responsibility of choosing to compete whether or not I choose to consult my health care provider. Further, I fully understand that I may injure myself during the competition, including warming up; however, I hereby release Owens Gym, its officers, governing board, and employees, the meet directors of any meet that I might compete in, the loaders and spotters who may assist me during the competition, for any injury that I may sustain during my warm ups or during the competition, even if I claim or allege that my injury was caused by the fault and negligence of any of the parties that were listed above. Should I compete in a state where I am not able to release a party for fault or for negligence, I intend this release to be applied and interpreted in its fullest capacity and authority according to the applicable law.

I agree to follow and obey all rules and regulations. I further agree that the rules and regulations are subject to change at any time and that I agree to obey any new or changed rules and regulations. I agree that my membership may be revoked temporarily or permanently, suspended, and/or denied for my failure to obey Owens Gym rules and regulations.

I acknowledge and agree that Owens Gym, may be filming, photographing or otherwise recording my attendance at an event and any related activities for advertising, promotional reasons. I hereby irrevocably grant Owens Gym the right to use, in perpetuity, throughout the world and without any compensation, any photograph, video, image or other recorded media or likeness of me for the purpose of advertising, promotion, or any other commercial purpose in connection with any activity/training/workout or Event promotional activities. I also hereby grant Owens Gym permission to display my name, standings and results, in any media and in any manner now known or hereafter developed.

By signing below, I affirm that I have read the above, understand it, and agree to it.

Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_